

FREE ***Taking Care of a Baby Class***



Go to **www.aahealthybabies.org** to take this free online class that shows how to keep a baby safe and healthy.

This class will teach you how to:

- calm a crying baby
- provide a safe sleep environment and reduce the risk of SIDS (Sudden Infant Death Syndrome)

You will receive a Certificate of Completion after finishing the online class.

Visit **www.aahealthybabies.org** for FREE Healthy Pregnancy and Baby Care kits and information.

